



ILR CREDIT INTERNSHIP PROGRAM

FINAL PRE-DEPARTURE CHECKLIST



HAVE YOU:

- _____ Completed the **Health Insurance Verification/Emergency Contact Information** form and returned it to Brigid Beachler or Miguelina Tabar.
- _____ Reviewed the **MedEx Informational** form.
- _____ Submitted a copy of your passport data page to Brigid or Miguelina.
- _____ Completed Cornell's online **Travel Registry**.
- _____ Visited the Office of Career Services to discuss their recruitment process for off- campus students.
- _____ Visited the Office of Financial Aid if necessary.
- _____ Cancel on-campus housing and meal plan contracts with Campus Life.
- _____ Updated your contact information on Student Center (with your permanent address).
- _____ Sent your start/end dates to your internship supervisor and Brigid or Miguelina.
- _____ Sent your travel itinerary to Brigid or Miguelina.
- _____ Made copies of all of your contact information for your housing (if arranged) so you know precisely where to go when you leave the airport.
- _____ Packed contact information for your internship supervisor.
- _____ Packed written confirmation of your health insurance coverage.
- _____ Packed your acceptance letters from ILR, bank statements, and your round trip ticket. You may be asked to provide this information at immigration.
- _____ Made at least 3 copies of your passport, credit cards & health insurance card. Keep one copy in your carry on luggage, one in your checked luggage, and one with your parents in the event that your wallet/purse is stolen.
- _____ Pack all necessary prescription medication (in the original bottles).
- _____ Purchased an International Student Identification Card (optional). (Must provide passport sized photo.)
- _____ Purchased sheets, towels, batteries & film. Sheets and towels may or may not be provided by your housing. Batteries and memory cards are much more expensive if purchased abroad.
- _____ Purchased a good travel guide. We suggest the Lonely Planet guides.